

## **Able-Bodies Adults Without Dependents (ABAWDs)**

### **OAC Rule 5101:4-3-20**

If you are an ABAWD, you are required to comply with the work registration requirements above, participate in the SNAP employment and training program, and meet the ABAWD work requirement. The ABAWD work requirement can be met by doing one of the following:

- Work 20 hours per week in exchange for money, goods or services (in-kind work) or verified unpaid work averaged monthly (unpaid work is defined as doing or performing something for which no compensation is received and that benefits the community or a member of the community that you do not reside with);
- Participate in and comply with the requirements of a work program (e.g. the SNAP employment and training program, a workforce program through an OhioMeansJobs center) for twenty or more hours per week;
- Any combination of working and participating in a work program for a total of twenty hours or more per week; or
- Participating in and complying with a work experience program (WEP) as assigned by the county agency.

You are required to report to the county agency if your work hours fall below 20 hours weekly or 80 hours averaged monthly. If you do not meet the ABAWD work requirement, without good cause, during any 3 months in a 36 month period, you will be ineligible to receive SNAP benefits. Good cause is determined by your county agency and includes circumstances beyond your control, such as, but not limited to: illness, illness of another assistance group member requiring your presence, an assistance group emergency, or the unavailability of transportation. If terminated or denied SNAP for receiving 3 of 36 months, you can regain eligibility during this time period by meeting the work requirement for 30 days or meeting an exemption, after which you remain eligible to receive SNAP for as long as you continue to meet the work requirements or meet an exemption. If your failure is related to SNAP employment and training requirement, you will be sanctioned.